



South Molton Struggle Prize Winners

Category Male Overall

1st	RICHMOND, Ronnie	N.D.R.R	0:47:02
2nd	MACDONALD, Ross	N.D.R.R	0:47:20
3rd	CREECH, Stuart	Minehead RC	0:47:25

Category Senior Man

1st	RICHMOND, Ronnie	N.D.R.R	0:47:02
2nd	MACDONALD, Ross	N.D.R.R	0:47:20

Category Male Over 40

1st	REED, Tim	North Devon Triathletes	0:47:40
2nd	HILL, Adrian	Unattached	0:50:01

Category Male Over 45

1st	RADLEY, James	South Molton Strugglers	0:55:12
2nd	MARSH, Don	Unattached	0:58:30

Category Male Over 50

1st	MADGE, Paul	S.W.R.R	1:05:51
2nd	MITCHELL, John	S.W.R.R	1:05:57

Category Male Over 55

1st	WHITE, Stephen	N.D.R.R	0:55:59
2nd	STURTRIDGE, Paul	Bideford AAC	1:00:19

Category Male Over 60

1st	JENNINGS, Jim	Torrington AC	0:54:30
2nd	WESTCOTT, Richard	South Molton Strugglers	1:01:30

Category Male Over 65

1st	MITCHELL, John	S.W.R.R	1:05:57
2nd	SMITH, John	Unattached	1:18:28

Category Male Over 70

1st	ELSTON, Ray	Exmouth Harriers	1:02:38
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Category Mens Winning Team (Affiliated)

North Devon Road Runners

RICHMOND, Ronnie	0:47:02
MACDONALD, Ross	0:47:20
MANSFIELD, Andrew	0:52:46
WHITE, Stephen	0:55:59

Category Mens Winning Team (Unaffiliated)

North Devon Triathletes

REED, Tim	0:47:40
CONGDON, Richard	0:57:25
LANG, David	1:10:15
COX, Nigel	1:12:58

Category Local Man (South Molton Area)

GOODMAN, Simon	0:52:14
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Category Ladies Overall

1st	TERRIBILE, Rosemary	North Devon Triathletes	0:55:57
2nd	BEDLER, Jo	Bideford AAC	0:57:58
3rd	HOUTZAGERS, Tara	North Devon Triathletes	1:01:22

Category Senior Lady

1st	HOUTZAGERS, Tara	North Devon Triathletes	1:01:22
2nd	BETTERIDGE, Zoe	North Devon Triathletes	1:01:34

Category Lady Over 35

1st	BEDLER, Jo	Bideford AAC	0:57:58
2nd	FIELDS, Elaine	South Molton Strugglers	1:02:22

Category Lady Over 40

1st	CAMPBELL, Fiona	North Devon Triathletes	1:02:16
2nd	SEATHERTON, Debbie	Unattached	1:10:46

Category Lady Over 45

1st	TERRIBILE, Rosemary	North Devon Triathletes	0:55:57
2nd	PECK, Tina	South Molton Strugglers	1:05:09

Category Lady Over 50

1st	WHITE, Suzanne	N D Road Runners	1:02:09
2nd	MERRETT, Bridget	N D Road Runners	1:09:28

Category Lady Over 55

1st	PARKER, Diana	N.D.R.R	1:24:36
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Category Lady Over 65

1st	GOODING, Jean	N D Road Runners	1:41:45
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Category Ladies Winning Team (Affiliated)

North Devon Road Runners

HARRIS, Louise	1:01:17
WHITE, Suzanne	1:04:26
FROGOSO, Abi	1:05:34

Category Ladies Winning Team (Unaffiliated)

North Devon Triathletes

TERRIBILE, Rosemary	0:55:57
HOUTZAGERS, Tara	1:01:22
CAMPBELL, Fiona	1:02:16

Category Local Lady (South Molton Area)

FIELDS, Elaine	1:02:33
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A full list of results can be found on the next 3 pages of this PDF.



South Molton Struggle Results

Results for All Competitors in finish order.

Place	Time	Name	Team	Pace Race Age	Race min/mile	Race No	Place
1	0:47:02	RICHMOND, Ronnie	north devon road runners	Senior Men	06:37.3	281	1
2	0:47:20	MACDONALD, Ross	north devon road runners	Senior Men	06:39.9	374	2
3	0:47:25	CREECH, Stuart	Minehead RC	Senior Men	06:40.6	350	3
4	0:47:40	REED, Tim	North Devon Triathletes	Male Vet 40	06:42.7	299	4
5	0:48:41	PEARSON, N	Okehampton RC	Senior Men	06:51.3	366	5
6	0:49:21	VALLANCE, Andrew	Okehampton RC	Senior Men	06:56.9	367	6
7	0:49:41	CUTLER, David		Senior Men	06:59.7	310	7
8	0:50:01	HILL, Adrian		Male Vet 40	07:02.6	357	8
9	0:51:27	HOGG, Jamie		Senior Men	07:14.7	355	9
10	0:51:32	MITCHELL, Gary		Male Vet 40	07:15.4	284	10
11	0:52:06	HUNT, Jim		Male Vet 40	07:20.2	322	11
12	0:52:14	GOODMAN, Simon	South Molton Strugglers	Senior Men	07:21.3	250	12
13	0:52:46	MANSFIELD, Andrew	north devon road runners	Male Vet 40	07:25.8	294	13
14	0:53:40	PARKHOUSE, Richard		Senior Men	07:33.4	255	14
15	0:54:30	JENNINGS, Jim	Torrington AC	Male Vet 60	07:40.4	336	15
16	0:54:38	BEAGLEY, Andy		Senior Men	07:41.6	349	16
17	0:54:43	PEARSON, Andrew	Bideford AAC	Senior Men	07:42.3	291	17
18	0:55:12	RADLEY, James	South Molton Strugglers	Male Vet 45	07:46.3	345	18
19	0:55:22	LONG, Gareth	Yeovil Town RRC	Senior Men	07:47.8	353	19
20	0:55:57	TERRIBLE, Rosemary	North Devon Triathletes	Lady Vet 45	07:52.7	298	20
21	0:55:58	ADAMS, William	South Molton Strugglers	Senior Men	07:52.8	371	21
22	0:55:59	WHITE, Stephen	north devon road runners	Male Vet 55	07:53.0	370	22
23	0:56:09	WITNEY, Wayne		Male Vet 40	07:54.4	324	23
24	0:56:47	WATERS, Kevin		Senior Men	07:59.7	325	24
25	0:57:02	PHILLIPS, Bryn	Royal Navy	Senior Men	08:01.8	351	25
26	0:57:25	CONGDON, Richard	North Devon Triathletes	Male Vet 55	08:05.1	372	26
27	0:57:58	BEDLER, Jo	Bideford AAC	Lady Vet 35	08:09.7	295	27
28	0:58:04	WALTON, Glenn		Senior Men	08:10.6	365	28
29	0:58:30	MARSH, Don	Bideford AAC	Male Vet 45	08:14.2	347	29
30	0:59:23	WALLACE, Ian		Senior Men	08:21.7	317	30
31	1:00:19	STURTRIDGE, Paul	Bideford AAC	Male Vet 55	08:29.6	346	31
32	1:00:22	WHALLEY, Nik	South Molton Strugglers	Senior Men	08:30.0	263	32
33	1:00:30	WILKINS, Robert	north devon road runners	Male Vet 40	08:31.1	311	33
34	1:00:41	SMITH, Will		Senior Men	08:32.7	378	34
35	1:00:52	DEAN, John	Tiverton Harriers	Male Vet 55	08:34.2	264	35
36	1:01:03	BURNSIDE, James		Senior Men	08:35.8	275	36
37	1:01:11	HOADLEY, Keith	Torrington AC	Male Vet 45	08:36.9	270	37
38	1:01:22	HOUTZAGERS, Tara	North Devon Triathletes	senior lady	08:38.5	297	38
39	1:01:30	WESTCOTT, Richard	South Molton Strugglers	Male Vet 60	08:39.6	279	39
40	1:01:52	BRAYLEY, Paul	South Molton Strugglers	Senior Men	08:42.7	278	40
41	1:02:09	WHITE, Suzanne	north devon road runners	Lady Vet 50	08:45.1	369	41
42	1:02:12	ANDREWS, Barney		Senior Men	08:45.5	321	42
43	1:02:16	CAMPBELL, Fiona	North Devon Triathletes	Lady Vet 40	08:46.1	271	43
44	1:02:22	FIELDS, Elaine	South Molton Strugglers	Lady Vet 35	08:46.9	304	44
45	1:02:33	HEARD, Alan	Bideford AAC	Male Vet 55	08:48.4	327	45
46	1:02:37	CONNETT, Richard		Senior Men	08:49.0	309	46



South Molton Struggle Results - Continued

Results for All Competitors in finish order.

Place	Time	Name	Team	Pace Race Age	Race min/mile	Race No	Place
47	1:02:38	ELSTON, Ray	Exmouth Harriers	male vet 70	08:49.2	266	47
48	1:02:46	BETTERIDGE, Zoe	North Devon Triathletes	senior lady	08:50.3	335	48
49	1:03:43	GOODING, Emma	Torrington AC	Lady Vet 35	08:58.3	364	49
50	1:04:19	CLARKE, Thomas		Senior Men	09:03.4	257	50
51	1:04:31	BLACKIE, Andrew		Senior Men	09:05.1	331	51
52	1:04:35	WEBBER, Gary	north devon road runners	Male Vet 40	09:05.6	356	52
53	1:04:44	LANE, Tim	Bideford AAC	Male Vet 40	09:06.9	315	53
54	1:04:54	WOODALL, Robert	Exmouth Harriers	Male Vet 60	09:08.3	267	54
55	1:05:09	PECK, Tina	South Molton Strugglers	Lady Vet 45	09:10.4	280	55
56	1:05:20	BELLAMY, Mike		Male Vet 40	09:12.0	274	56
57	1:05:45	NEWCOMBE, Michael	Torrington AC	Senior Men	09:15.5	341	57
58	1:05:51	MADGE, Paul	S.W.R.R	Male Vet 50	09:16.3	377	58
59	1:05:57	MITCHELL, John	S.W.R.R	male vet 65	09:17.2	288	59
60	1:06:12	HYMER, Penny		Lady Vet 45	09:19.3	292	60
61	1:06:15	CLAWSON, Julie		Lady Vet 45	09:19.7	329	61
62	1:06:36	STUBBS, Adrian		Male Vet 50	09:22.7	269	62
63	1:07:08	MORGAN, Andrew		Male Vet 40	09:27.2	323	63
64	1:07:21	HINE, James		Senior Men	09:29.0	307	64
65	1:07:30	PROUSE, Emma		Lady Vet 35	09:30.3	272	65
66	1:07:33	FENNELL, Wayne	north devon road runners	Senior Men	09:30.7	362	66
67	1:08:03	PEGLER, Adrian		Male Vet 50	09:34.9	268	67
68	1:08:06	HENRY, Ruth	north devon road runners	Lady Vet 45	09:35.3	358	68
69	1:08:28	SIMPSON, Chris		Senior Men	09:38.4	326	69
70	1:08:55	PARKER, Diana	north devon road runners	Lady vet 55	09:42.2	373	70
71	1:08:56	BRAY, Chris	north devon road runners	Male Vet 55	09:42.4	300	71
72	1:08:59	GORST, Kiara	South Molton Strugglers	Lady Vet 35	09:42.8	320	72
73	1:09:03	WAITH, Liz	Kent AC	Lady Vet 35	09:43.4	293	73
74	1:09:09	PATRICK, Alan	Bideford AAC	Male Vet 60	09:44.2	296	74
75	1:09:28	MERRETT, Bridget		Lady Vet 50	09:46.9	328	75
76	1:09:47	LAUCYS, Vismantas		Senior Men	09:49.6	379	76
77	1:09:54	GOSLING, Brian	Sidmouth RC	Male Vet 60	09:50.6	334	77
78	1:10:15	LANG, David	North Devon Triathletes	Male Vet 60	09:53.5	343	78
79	1:10:30	KNEIL, Peter	north devon road runners	Male Vet 40	09:55.6	342	79
80	1:10:38	BITMEAD, Valerie	north devon road runners	Lady Vet 50	09:56.7	352	80
81	1:10:46	SEATHERTON, Debbie		Lady Vet 40	09:57.9	302	81
82	1:11:09	KINGDON, Paula	north devon road runners	Lady Vet 45	10:01.1	339	82
83	1:11:20	FOULDS, Claire	north devon road runners	Lady Vet 45	10:02.7	340	83
84	1:12:45	BUTCHERS, Teresa		Lady vet 60	10:14.6	368	84
85	1:12:58	COX, Nigel	North Devon Triathletes	Male Vet 45	10:16.5	286	85
86	1:13:45	SHAPLAND, Caroline	South Molton Strugglers	senior lady	10:23.1	314	86
87	1:14:05	HOMEWOOD, Paul		Senior Men	10:25.9	312	87
88	1:14:15	BOND, Helene	Womens Running Network	Lady Vet 40	10:27.3	330	88
89	1:14:20	HILLMAN, Michaela	Torrington AC	Lady Vet 45	10:28.0	348	89
90	1:15:00	BURNS, Kate		Lady Vet 40	10:33.6	360	90
91	1:15:19	MARCHANT, Nadine	South Molton Strugglers	Lady Vet 35	10:36.3	375	91
92	1:15:45	BOUNDY, Karina		senior lady	10:40.0	318	92



South Molton Struggle Results - Continued

Results for All Competitors in finish order.

Place	Time	Name	Team	Pace Race Age	Race min/mile	Race No	Place
93	1:15:45	BOURNE, Samantha		senior lady	10:40.0	319	93
94	1:16:00	WALTERS, Sharon	north devon road runners	Lady Vet 40	10:42.1	273	94
95	1:16:24	BOYLES, Rg		Senior Men	10:45.5	308	95
96	1:16:49	HIBBERD, Jon	Great Western Runners	Male Vet 55	10:49.0	332	96
97	1:17:08	BROWNE, Julia	Fetch Everyone RC	Lady Vet 40	10:51.7	333	97
98	1:17:53	SCOTT, Kate		senior lady	10:58.0	254	98
99	1:18:19	BEGLEY, Jayne		Lady Vet 40	11:01.7	359	99
100	1:18:19	HALL, Katie		Lady Vet 40	11:01.7	361	100
101	1:18:28	SMITH, John		male vet 65	11:02.9	283	101
102	1:19:03	BELL, Meryl		Lady Vet 40	11:07.9	265	102
103	1:19:18	ELSON, Siobhan	quantock harriers	senior lady	11:10.0	261	103
104	1:19:32	COLOSIMO, P		Male Vet 40	11:11.9	344	104
105	1:19:41	BARLOW, Gwyn		Male Vet 45	11:13.2	316	105
106	1:20:48	HANDFORD, Shelley	South Molton Strugglers	senior lady	11:22.6	303	106
107	1:20:48	KULAKAUSKAS, Visvaldas		Senior Men	11:22.6	380	107
108	1:21:55	CROME, Peggy	North Devon Triathletes	lady vet 65	11:32.1	290	108
109	1:21:57	ADAMS, Amanda	South Molton Strugglers	Lady Vet 45	11:32.4	276	109
110	1:22:58	LOTTEY, Angus		Male Vet 45	11:41.0	251	110
111	1:24:36	WHITE, Debbie		Lady Vet 40	11:54.8	285	111
112	1:24:40	LAING, Julie	Womens Running Network	Lady Vet 50	11:55.3	354	112
113	1:24:41	BENNETT, Caroline		Lady Vet 40	11:55.5	277	113
114	1:25:18	WILLIAMSON, Julia	Womens Running Network	Lady Vet 40	12:00.7	282	114
115	1:27:27	TAGGART-WHITE, Faye		senior lady	12:18.8	305	115
116	1:28:11	SHORT, Abbie		senior lady	12:25.0	376	116
117	1:28:12	PARR, Rebecca		senior lady	12:25.2	289	117
118	1:29:15	HINCHCLIFFE, Steve		Male Vet 55	12:34.0	313	118
119	1:30:03	GOUGH, Victor		Male Vet 50	12:40.8	337	119
120	1:35:46	SIBTHORPE, Tringa	South Molton Strugglers	Lady Vet 35	13:29.1	338	120
121	1:35:47	HAWKINS, Catherine		Lady Vet 35	13:29.2	363	121
122	1:41:39	WICKHAM, Jeremy		Male Vet 40	14:18.8	256	122
123	1:41:45	GOODING, Jean	north devon road runners	lady vet 65	14:19.7	306	123