

**SOUTH MOLTON**



**STRUGGLE 2009**

**DISTANCE**  
Approximately 7 Miles

**TERRAIN**  
Multi Terrain

**SUNDAY 11TH OCTOBER 2009 11:00 A.M**

**RACE HQ / START: SOUTH MOLTON RUGBY CLUB**

**JUNIOR EVENT TO BE HELD (weather permitting) @ 10.00am**

**HELD UNDER UKA Rules, UKA LICENCE No 20090853**

**Memento to all finishers | Refreshments available | Spot prizes  
Trophies/Prizes in all age categories (5 year intervals) male & female**

First aid provided by St Johns Ambulance. Free Parking. Not suitable for wheelchairs.  
No dogs allowed. Closing date for postal entries 01.10.09

**Please see website for full details of course  
www.southmoltonstrugglers.co.uk**

**In recognition of the North Devon Hospice's 25th Anniversary  
we will be donating £1 from every entry fee received.**



**ENTRY FORM**

ORGANISED BY *South Molton*  *Strugglers*

NAME.....ADDRESS.....  
.....POST CODE.....  
TEL NO.....MALE/FEMALE.....  
D.O.B.....19.....AGE ON RACE DAY.....  
AFFILIATED CLUB.....EA COMPETITION LICENCE NO.....  
UNAFFILIATED TEAM.....

**ENTRY FEES** £12.00 **Discounted Entry Fee for EA Licenced Competitors** £10.00 | £2.00 extra on the day

**Cheques payable to** 'South Molton Struggle'

**Late entry desk closes at 10.15 a.m on the day**

**Send your entry with an A5 s.a.e to** Phil Pennington, 18 Whitehall Close, South Molton, Devon EX36 4EQ. Tel number 01769 573908 **Closing date for postal entries 01.10.09**

I agree to abide by U.K. athletic rules & the regulations of the organisers. I will be aged 16 years or over on the race day.  
I accept full responsibility for any injury, accident or loss resulting from my participation in this event.

**SIGNED**.....**DATED**..... 2009