

# UMBERLEIGH VILLAGE HALL GARDEN SHOW

## UMBERLEIGH RURAL RUN

SATURDAY 1st AUGUST 2015

START 3.00 PM FROM THE VILLAGE HALL The route is approx 4 miles in the picturesque hills and dales of the Taw valley along river bank, tracks, by-roads and woodland trails. The Run will be a part of the annual Umberleigh Flower Show and Fete. There will be refreshments, toilets, parking and retail stalls and amusements, first aid, insurance and route marshals.

### RUNNING CATEGORIES

A ... MALE 16 YEARS TO 39 YEARS

B ... FEMALE 16 YEARS TO 35 YEARS

C ... MALE 40 YEARS TO 49 YEARS

D ... FEMALE 36 YEARS TO 49 YEARS

E ... MALE 50 YEARS AND OVER

F ... FEMALE 50 YEARS AND OVER

**\*\*\* THE RACE IS LIMITED TO 100 RUNNERS \*\*\***

- ❖ T SHIRT FOR ALL RUNNERS
  - ❖ FASTEST MALE CUP
  - ❖ FASTEST FEMALE CUP
- Special Prize for youngest runner

ENTRY FEE £5.00

PLEASE COMPLETE THIS ENTRY FORM AND ENCLOSE ENTRY FEE (Cheques payable to Umberleigh Village Hall). ALSO ENCLOSE A LARGE STAMPED, SELF ADDRESSED ENVELOPE FOR THE RETURN OF YOUR RECEIPT AND RACE NUMBER.

Entries to: MRS PAT SHALLCROSS, OLD TOLLGATE, DORRIDGE HILL, UMBERLEIGH, DEVON  
EX37 9AB, TEL : 01769 540 644 shallcross@fhsinternet.com

Name .....

Address .....

.....

Running Category (ie A,B,C,D,E,F) ..... Contact Tel Number .....

Please indicate if 16-18

Emergency Contact Name and Tel Number .....

I am medically fit to take part in this race.

I agree to abide by the rules and understand that the organisers will not be held responsible for any injury, illness or accident to myself or loss of any property as a result of me participating in this event. Furthermore the information I have provided on this entry form will be used for the purpose of producing race results and for health and safety purposes only. The information will not be passed onto any other person or agency.

SIGNED .....

DATED .....